

Prayers.txt

I believe in God, the Father almighty,
Creator of heaven and earth;
And in Jesus Christ, His only Son,
Our Lord,
Who was conceived by the Holy Spirit,
Born of the Virgin Mary,
Suffered under Pontius Pilate,
Was crucified, died, and was buried.
He descended into hell;
The third day he rose again from the dead;
He ascended into heaven,
And is seated at the right hand of God, the Father almighty;
From thence he shall come to judge
The living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church;
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting
Amen

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen

A lot of us know the teaching, but we want to find the strength to live it. What is key to find that strength? Giving in. Given up. Realizing that you don't have it. And asking God to give it to you. Because if we could all be perfectly virtuous, then Christ wouldn't have to die on the cross. But we're not. Chastity is a virtue. If we want to obtain that in a way that brings joy, that it has to come from a surrender of your will, and ask for God's will. Because God's will is for you is to be happy.
I realize that I couldn't change. It was impossible, like I can't change. But nothing is impossible to God. You go for it, You change me, because I need to change. And I can't do it. I do not even know where to start. Please. Here's my heart. Here's my life. I'll do whatever You want me to do. Because all of my plans have led me nowhere but more unhappiness. So You must have got a better one.

Prayer of Blessed Elizabeth of the Trinity

O my God, Trinity whom I adore; help me to forget myself entirely that I may be established in You as still and as peaceful as if my soul were already in eternity. May nothing trouble my peace or make me leave You, O my Unchanging One, but may each minute carry me further into the depths of Your mystery. Give peace to my soul; make it Your heaven, Your beloved dwelling and Your resting place. May I never leave You there alone but be wholly present, my faith wholly vigilant, wholly adoring, and wholly surrendered to Your creative Action.

O my beloved Christ, crucified by love, I wish to be a bride for Your Heart; I wish to cover You with glory; I wish to love You...even unto death! But I feel my weakness, and I ask You to "clothe me with Yourself," to identify my soul with all the movements of Your Soul, to overwhelm me, to possess me, to substitute yourself for me that my life may be but a radiance of Your Life. Come into me as Adorer, as Restorer, as Savior.

O Eternal Word, Word of my God, I want to spend my life in listening to You, to become wholly teachable that I may learn all from You. Then, through all nights, all voids, all helplessness, I want to gaze on You always and remain in Your great light. O my beloved Star, so fascinate me that I may not withdraw from Your radiance.

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O consuming Fire, Spirit of Love, "come upon me," and create in my soul a kind of incarnation of the Word: that I may be another humanity for Him in which He can renew His whole Mystery. And You, O Father, bend lovingly over Your poor little creature; "cover her with Your shadow," seeing in her only the "Beloved in whom You are well pleased."

O my Three, my All, my Beatitude, infinite Solitude, Immensity in which I lose myself, I surrender myself to You as Your prey. Bury Yourself in me that I may bury myself in You until I depart to contemplate in Your light the abyss of Your greatness.

Prayer of St. Gemma Galgani

"Oh Jesus, what would become of me, if You had not drawn me to Thee?" "Why did You suffer for me, dear Jesus? For love! The nails... the crown... the cross... all for love of me! For You, I sacrifice everything willingly. I offer You my body with all its weaknesses, and my soul with all its love."

"If all were to know how beautiful Jesus is, how loving He is! They would all die of love. And yet, how is it that He is so little loved?" "Oh Jesus, I see You as greater than all the treasures on earth. Yes my sweetest God, my most lovable Jesus: to my eyes You are greater than the greatest treasures on earth!"

Saint Gianna Beretta Molla Resolutions

1. To do all things for the Lord... To serve God, I will not go to the movies without being sure that the film is suitable and not scandalous or immoral...

2. I prefer to die rather than commit a mortal sin...

3. To say the «Hail Mary» every day so that the Lord might give me a holy death...

4. I wish to fear mortal sin as if it were a serpent and I repeat I would die a thousand times rather than offend the Lord.

5. I wish to ask the Lord to help me not to go to hell and therefore to avoid all that would harm my soul.

6. I beg the Lord to help me understand his great mercy.

7. I propose to obey M.M. and to study even though I don't feel like it, for the love of Jesus.

8. From this day on, I wish to pray on my knees in the morning in church just as I do in my room in the evening at the foot of my bed.

9. The way of humiliation is the shortest way to reach holiness. To pray that the Lord lead me to Paradise.

Padre Pio Prayer after communion

Stay with me Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You.

Stay with me Lord because I am weak and I need Your strength that I may not fall so often

Stay with me Lord for You are my life and without You I am without fervor

Stay with me Lord for You are my light and without You I am in darkness

Stay with me LORD to show me your will

Stay with me Lord so that I hear Your voice and follow You

Stay with me Lord for I desire to love You very much and always be in Your company

Stay with me Lord if You wish me to be faithful to You

Stay with me Lord as poor as my soul is I want it to be a place of consolation for You a nest of Love

Stay with me Jesus for it is getting late and the day is coming to a close and life passes, death, judgement and eternity approaches

Renewal of Act of consecration to Holy Mary, Mother of God and myself

St. Louis de Montfort

Hail, Mary, most beloved daughter of the eternal Father; hail, Mary, most admirable mother of the Son; hail, Mary, most faithful spouse of the Holy Spirit; hail, Mary, Mother most dear, Lady most lovable. Queen most

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powerful! Hail, Mary, my joy, my glory, my heart and soul. You are all mine through God's mercy, but I am all yours in justice. Yet I do not belong sufficiently to you, and so once again, as a slave who always belongs to his master, I give myself wholly to you, reserving nothing for myself or for others.

If you still see anything in me which is not given to you, please take it now. Make yourself completely owner of all my capabilities. Destroy in me everything that is displeasing to God. Uproot it and bring it to nothing. Implant in me all that you deem to be good; improve it and make it increase in me.

May the light of your faith dispel the darkness of my mind. May your deep humility take the place of my pride. May your heavenly contemplation put an end to the distractions of my wandering imagination. May your continuous vision of God fill my memory with his presence. May the burning love of your heart inflame the coldness of mine. May your virtues take the place of my sins. May your merits be my adornment and make up for my unworthiness before God. Finally, most dearly beloved Mother, grant, if it be possible, that I may have no other spirit but yours to know Jesus and his divine will. May I have no soul but yours to praise and glorify the Lord. May I have no heart but yours to love God purely and ardently as you love him.

I do not ask for visions or revelations, for sensible devotions or even spiritual pleasures. It is your privilege to see God clearly in perpetual light. It is your privilege to savor the delights of heaven where nothing is without sweetness. It is your privilege to triumph gloriously in heaven at the right hand of your Son without further humiliation, and to command angels, men, and demons, with readiness on their part. It is your privilege to dispose at your own choice of all the good gifts of God with no exception. Such, most holy Mary, is the excellent portion which the Lord has given you, and which will never be taken from you, and which gives me great joy. As for my portion here on earth, I wish only to have a share in yours, that is, to have simple faith without seeing or tasting, to suffer joyfully without the consolations of men, to die daily to myself without flinching, to work gallantly for you even until death without any self-interest, as the most worthless of your slaves. The only grace I beg you in your kindness to obtain for me is that every day and moment of my life I may say this threefold Amen: amen, so be it, to all you did upon earth; Amen, so be it, to all you are doing now in heaven; Amen, so be it, to all you are doing in my soul. In that way, you and you alone will fully glorify Jesus in me during all my life and my eternity.

O my Jesus, the Life, the Way and the Truth, I beg You to keep me close to You as a mother holds a baby to her bosom, for I am not only a helpless child, but an accumulation of misery and nothingness.

When I see that the burden is beyond my strength, I do not consider or analyze it or probe into it, but I run like a child to the Heart of Jesus and say only one word to Him: "You can do all things." And then I keep silent, because I know that Jesus himself will intervene in the matter, and as for me, instead of tormenting myself, I use that time to love Him.

Matins (during the night, at midnight with some), sometimes referred to as Vigils or Nocturns, or in monastic usage the Night Office; in the Breviary of Paul VI it has been replaced by the Office of Readings
Lauds or Dawn Prayer (at Dawn, or 3 a.m.)
Prime or Early Morning Prayer (First Hour = approximately 6 a.m.)
Terce or Mid-Morning Prayer (Third Hour = approximately 9 a.m.)
Sext or Midday Prayer (Sixth Hour = approximately 12 p.m.)
None or Mid-Afternoon Prayer (Ninth Hour = approximately 3 p.m.)
Vespers or Evening Prayer ("at the lighting of the lamps", generally at 6 p.m.)
Compline or Night Prayer (before retiring, generally at 9 p.m.)

The Angel of the Lord declared unto Mary.
R- And she conceived of the Holy Spirit. (Hail Mary....)
V- Behold the handmaid of the Lord.
R- Be it done unto me according to thy word. (Hail Mary....)
V- And the Word was made Flesh.
R- And dwelt among us. (Hail Mary....)

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V- Pray for us, O Holy Mother of God.

R- That we may be made worthy of the promises of Christ.

The Angelus

According to tradition, the Angelus is recited at three particular times during the day: 6 AM, 12 noon, and 6 PM. During the Easter Season, the Angelus is replaced by the Regina Caeli, according to a practice first instituted in the 18th century.

Although we do not know exactly how the Angelus came into popular use, we do know that through a decree of the Franciscan General Chapter in the time of Saint Bonaventure the laity in general were encouraged to say Hail Marys when the bell rang for the friars' evening prayer. This practice may have been influenced by the belief that at this very hour Our Lady was saluted by the angel. Eventually, the morning and noon hours were added to the devotion.

At the NATIONAL SHRINE OF SAINT FRANCIS OF ASSISI we recite the Angelus every weekday at noon just before our 12:15 PM Mass. We encourage you to stop work each day at noon and pray with us.

Outside the Paschal Season

V. The angel of the Lord declared unto Mary;

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and in the hour of our death. Amen.

V. Behold the handmaid of the Lord:

R. Be it done unto me according to Thy word.

Hail Mary, full of grace, ...

V. And the Word was made flesh:

R. And dwelt among us.

Hail Mary, full of grace, ...

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ our Lord.

R. Amen.

A homily about Angels, by Saint Gregory the Great

Paschal Season
(From Easter Sunday to Pentecost Sunday)

Queen of Heaven rejoice, alleluia:
For He whom you merited to bear, alleluia,
Has risen as He said, alleluia.
Pray for us to God, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia.

R. Because the Lord is truly risen, alleluia.

Let us pray: O God, who by the Resurrection of Thy Son, our Lord Jesus Christ, granted joy to the whole world: grant we beg Thee, that through the intercession of the Virgin Mary, His Mother, we may lay hold of the joys of eternal life. Through the same Christ our Lord.

R. Amen

Act of Spiritual Communion

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

LET US PRAY: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that, we to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.
Traditionally, the Angelus is said at 6 - 12 - 6.

God and Souls. An Act of Oblation.

Before heaven and earth, before all the choirs of Angels, before the Most Holy Virgin Mary, before all the Powers of heaven, I declare to the One Triune God that today, in union with Jesus Christ, Redeemer of souls, I make a voluntary offering of myself for the conversion of sinners, especially for those souls who have lost hope in God's mercy. This offering consists in my accepting, with total subjection to God's will, all the sufferings, fears and terrors with which sinners are filled. In return, I give them all the consolations which my soul receives from my communion with God. In a word, I offer everything for them: Holy Masses, Holy Communion, penances, mortifications, prayers. I do not fear the blows, blows of divine justice, because I am united with Jesus. O my God, in this way I want to make amends to You for the souls that do not trust in Your goodness. I hope against all hope in the ocean of Your mercy. My Lord and my God, my portion-my portion forever, I do not base this act of oblation on my own strength, but on the strength that flows from the merits of Jesus Christ. I will daily repeat this act of self-oblation by pronouncing the following prayer which You yourself have taught me, Jesus:
"O Blood and Water which gushed forth from the Heart of Jesus as a Fount of Mercy for us, I trust in You!"

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I confess to Almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you brethren, that I have sinned exceedingly, in thought, word and deed: through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you brethren, to pray to the Lord our God for me

Lucia said that Mary's words were "When you make some sacrifice, say 'O Jesus, it is for your love, for the conversion of sinners, and in reparation for sins committed against the Immaculate Heart of Mary

My dearest Jesus, I have told all my sins to the best of my ability. I have sincerely tried to make a good confession and I know that you have forgiven me. Thank you dear Jesus! Your divine heart is full of love and mercy for poor sinners. I love You dear Jesus; you are so good to me. My loving Saviour, I shall try to keep from sin and to love You more each day. Dearest Mother Mary, pray for me and help me to keep all my promises. Protect me and do not let me fall back into sin. Dear God, help me to lead a good life. Without Your grace I can do nothing.
Amen!

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance, to sin no more,
and to avoid whatever leads me to sin.
Our Saviour Jesus Christ suffered and died for us.
In His Name, my God, have mercy.

O my God,
I am heartily sorry for
having offended Thee,
and I detest all my sins,
because I dread the loss of heaven,
and the pains of hell;
but most of all because
they offend Thee, my God,
Who are all good and
deserving of all my love.
I firmly resolve,
with the help of Thy grace,
to confess my sins,
to do penance,
and to amend my life.

Amen.

If the priest says, "Give thanks to the Lord for He is good,"
You answer,
"For His mercy endures forever."

Act of Contrition

O my God, I am heartily sorry for having offended You. I detest all my sins because I dread the loss of Heaven and the pains of hell. But most of all because they offend You, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Your grace to sin no more and to avoid the near occasions of sin. Amen.")

ROSARY PRAYERS

O my Jesus, have mercy on us, forgive us our sins, save us from the fires of hell. Take all souls to heaven, especially those most in need of thy mercy. Amen.

Joyful Mysteries - Monday and Saturday

1. The Annunciation 2. The Visitation 3. The Nativity 4. The Presentation 5. The Finding in the Temple

Sorrowful Mysteries - Tuesday and Friday

1. The Agony in the Garden 2. The Scourging at the Pillar 3. The Crowning with Thorns 4. The Carrying of the Cross 5. The Crucifixion

Glorious Mysteries - Wednesday and Sunday

1. The Resurrection 2. The Ascension 3. The Descent of the Holy Spirit 4. The Assumption 5. The Crowning of Mary

Mysteries of Light - Thursday

1. Baptism in the Jordan 2. Self-manifestation at the wedding of Cana 3. Proclamation of the Kingdom of God, with His call to conversion 4. The Transfiguration 5. Jesus' institution of the Eucharist

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ

Act of Consecration to the Immaculate Heart of Mary

I, Maria Fransisca Birgitta Immaculata, a faithless sinner-- renew and ratify today in thy hands, O Immaculate Mother, the vows of my Baptism; I renounce forever Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life, and to be more faithful to Him than I have ever been before.

In the presence of all the heavenly court I choose thee this day, for my Mother and Mistress. I deliver and consecrate to thee, as thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God, in time and in eternity. Amen.

(St. Louis-De Montfort's Consecration)

On Sundays and other holy days of obligation the faithful are bound . . . to abstain from those labors and business concerns which impede the worship to be rendered to God, the joy which is proper to the Lord's Day, or the proper relaxation of mind and body" (CIC, can. 1247).

2195 Every Christian should avoid making unnecessary demands on others that would hinder them from observing the Lord's Day

2185 On Sundays and other holy days of obligation, the faithful are to refrain from engaging in work or activities that hinder the worship owed to God, the joy proper to the Lord's Day, the performance of the works of mercy, and the appropriate relaxation of mind and body.

Holy days of obligations:

Jan 1 the feast of Mary the Mother of God

Jan 6 the Epiphany

March 19 the feast of Saint Joseph

Thursday of the sixth week of Easter: the Ascension of Christ

Thursday after Feast of Holy Trinity (first Sunday after Pentacost) the feast of the Body and Blood of Christi,

June 29 the feast of the Apostles Saints Peter and Paul

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Aug 15her Assumption
Nov 1 the feast of All Saints
Dec 8 her Immaculate Conception
25 Dec the day of the Nativity of Our Lord Jesus Christ

*First week after easter, Feast of Mercy

Original - Prayer to St. Michael

"O Glorious Prince of the heavenly host, St. Michael the Archangel, defend us in the battle and in the terrible warfare that we are waging against the principalities and powers, against the rulers of this world of darkness, against the evil spirits. Come to the aid of man, whom Almighty God created immortal, made in His own image and likeness, and redeemed at a great price from the tyranny of Satan.

"Fight this day the battle of the Lord, together with the holy angels, as already thou hast fought the leader of the proud angels, Lucifer, and his apostate host, who were powerless to resist thee, nor was there place for them any longer in Heaven. That cruel, ancient serpent, who is called the devil or Satan who seduces the whole world, was cast into the abyss with his angels. Behold, this primeval enemy and slayer of men has taken courage. Transformed into an angel of light, he wanders about with all the multitude of wicked spirits, invading the earth in order to blot out the name of God and of His Christ, to seize upon, slay and cast into eternal perdition souls destined for the crown of eternal glory. This wicked dragon pours out, as a most impure flood, the venom of his malice on men of depraved mind and corrupt heart, the spirit of lying, of impiety, of blasphemy, and the pestilent breath of impurity, and of every vice and iniquity.

"These most crafty enemies have filled and inebriated with gall and bitterness the Church, the spouse of the immaculate Lamb, and have laid impious hands on her most sacred possessions. In the Holy Place itself, where the See of Holy Peter and the Chair of Truth has been set up as the light of the world, they have raised the throne of their abominable impiety, with the iniquitous design that when the Pastor has been struck, the sheep may be.

"Arise then, O invincible Prince, bring help against the attacks of the lost spirits to the people of God, and give them the victory. They venerate thee as their protector and patron; in thee holy Church glories as her defense against the malicious power of hell; to thee has God entrusted the souls of men to be established in heavenly beatitude. Oh, pray to the God of peace that He may put Satan under our feet, so far conquered that he may no longer be able to hold men in captivity and harm the Church. Offer our prayers in the sight of the Most High, so that they may quickly find mercy in the sight of the Lord; and vanquishing the dragon, the ancient serpent, who is the devil and Satan, do thou again make him captive in the abyss, that he may no longer seduce the nations. Amen.

V. Behold the Cross of the Lord; be scattered ye hostile powers.

R. The Lion of the tribe of Judah has conquered the root of David.

V. Let Thy mercies be upon us, O Lord.

R. As we have hoped in Thee.

V. O Lord, hear my prayer.

R. And let my cry come unto Thee.

Let us pray.

O God, the Father of our Lord Jesus Christ, we call upon Thy holy Name, and as supplicants, we implore Thy clemency, that by the intercession of Mary, ever Virgin Immaculate and our Mother, and of the glorious St. Michael the Archangel, Thou wouldst deign to help us against Satan and all the other unclean spirits who wander about the world for the injury of the human race and the ruin of souls. Amen."

Fr. Attard highlighted the importance that Cardinal Newman has placed in the "return" to apostolic times, and to heed the advice of the Fathers of the Church. Dr. Fabio Attard, Pontifical Salesian University: "In this sense, what Newman is basically telling us today is what he lived: we're going to find our roots, because if we are not rooted, we are uprooted, and an uprooted tree does not produce any fruit. If anything, it will only dry out,

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and finally die. "John Henry Newman? For Fr. Attard, an English cardinal almost certainly on the path to sainthood

In order to facilitate a practice of such great excellence, ponder what I have to say. When the priest is about to give himself Communion in holy Mass, do you, keeping composed externally and internally, excite in your heart an act of true contrition, and humbly striking your breast, in token that you acknowledge yourself unworthy of so great a grace, make all those acts of love, of self-surrender, of humility, and the rest, which you are accustomed to make when you communicate sacramentally, and then desire with a lively longing to receive your good Jesus, veiled in the sacrament for your benefit. And to kindle your devotion, imagine that most holy Mary, or some saint, your holy advocate, is holding forth to you the sacred particle; figure yourself receiving it, and then, embracing Jesus in your heart, reply to Him, over and over again, with interior words prompted by love: "Come, Jesus, my Beloved, come within this my poor heart; come and satiate my desires; come and sanctify my soul; come, most sweet Jesus, come!" This said, be still; contemplate your good God within you, and, as if you really had communicated, adore Him, thank Him, and perform all those interior acts to which you are accustomed after sacramental Communion

As I cannot this day enjoy the happiness of assisting at the holy Mysteries, O my God! I transport myself in spirit at the foot of Thine altar; I unite with the Church, which by the hands of the priest, offers Thee Thine adorable Son in the Holy Sacrifice; I offer myself with Him, by Him, and in His Name. I adore, I praise, and thank Thee, imploring Thy mercy, invoking Thine assistance, and presenting Thee the homage I owe Thee as my Creator, the love due to Thee as my Savior.

Apply to my soul, I beseech Thee, O merciful Jesus, Thine infinite merits; apply them also to those for whom I particularly wish to pray. I desire to communicate spiritually, that Thy Blood may purify, Thy Flesh strengthen, and Thy Spirit sanctify me. May I never forget that Thou, my divine Redeemer, hast died for me; may I die to all that is not Thee, that hereafter I may live eternally with Thee. Amen.